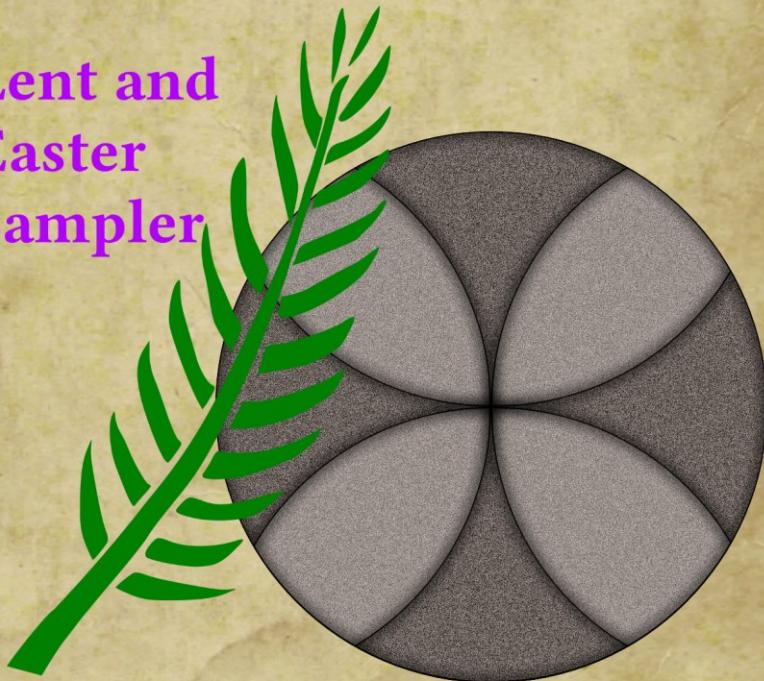


“God Be in
My Head...”

Prayers from
Old Sarum

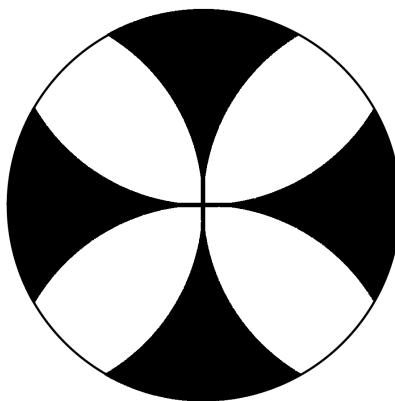
Lent and
Easter
Sampler



Collected and Rendered by
Paul C. Stratman, S.T.M.
2019.

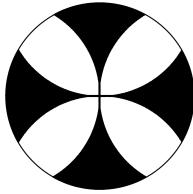
“God Be in
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www.acollectionofprayers.com

Ash Wednesday

Lord, **have mercy.**
Christ, **have mercy.**
Lord, **have mercy.**

Our Father...
...as we forgive those who sin (trespass) against us.

And lead us not into temptation.
But deliver us from evil.

O God, save your servants and your handmaidens,
for they put their trust in you. *Psalm 86:2*

O Lord, send them help from your sanctuary,
and give them support from Zion. *Psalm 20:2*

Turn again, O Lord,
be gracious to your servants. *Psalm 80:19*

Help us, O God of our salvation, for the glory of your name;
deliver us, and atone for our sins, for your name's sake! *Psalm 79:9*

Hear my prayer, O Lord,
let my cry come to you. *Psalm 102:1*

The Lord be with you,
and also with you.

Let us pray.
O Lord, hear our prayers, and spare all those who confess their sins to you.
Absolve those whose consciences are accused by sin; through Jesus Christ
our Lord. **Amen.** [104]

Sarum Breviary: Penitential Psalms, verses after Psalm 143

O Lord,
in your kindness
show us your inexpressible mercy.
Set us free from our sins,
and rescue us from the punishment
we deserve for our sins;
through Jesus Christ our Lord. [105]

Sarum and Gelasian, in *Ancient Collects*, p. 36.3, NAC #119

Lent / Passion

Gracious Lord almighty,
Jesus Christ,
let your sufferings aid us,
and defend us from all pain and grief,
all peril and misery,
all uncleanness of heart,
all sin, all scandal and infamy,
from evil diseases of soul and body,
from sudden and unforeseen death,
and from all persecution of our foes, visible and invisible.
We know that whenever we remember your Passion,
we will find our safety in you.
Relying on your infinite tenderness,
most loving Savior,
protect and help us
and preserve us from all evil
by your most blessed and sacred sufferings
and continual tender love. [106]

Sarum Missal, in *Ancient Collects*, p. 45.1, NAC #142

Lord Jesus Christ,
Son of the living God,
you came down from heaven to earth
from your Father's side,
suffered five wounds on the wood of the cross,
and shed your precious blood
for the forgiveness of our sins.
At the day of judgment
set us at your right hand,
speak to us those sweet words,
“Come, you who are blessed,
into my Father's kingdom;”
with the Father and the Holy Spirit
you live and reign,
one God, now and forever. [107]

Sarum Missal, *Ancient Collects*, p. 47.3 NAC #148

Lord Jesus Christ,
you went to the wood of the cross
for the redemption of the world
to enlighten the whole world
which was in deep darkness.
Shine your light into our souls and bodies
that we may receive your light eternal;
with the Father and the Holy Spirit
you live and reign,
one God, now and forever. [108]

Sarum Missal, in *Ancient Collects*, p. 48.1, NAC #149

O God,
your blessed Son
endured the cross for our sake
to liberate us from the power of our enemy
Grant us grace
that we may enjoy
the glory of his resurrection;
through the same Jesus Christ our Lord. [109]

Sarum

Lord Jesus Christ,
Son of the living God,
at the third hour of the day
you were led forth to the pain of the Cross
for the salvation of the world.
By the virtue of your most sacred passion,
blot out all our sins,
and mercifully bring us to your blessed glory;
you live and reign,
God forever. [110]

Sarum: Terce

Lord Jesus Christ, Son of the living God,
for our redemption
you were born and circumcised,
and rejected by the Jews,
betrayed with a kiss by Judas,
seized, bound, and led in bonds
to Annas, Caiaphas, Herod, and Pilate,
and you stood before them to be mocked,
smitten with palm and fist,
with the scourge and the reed.

Your face was covered and defiled with spitting,
crowned with thorns,
accused by false witnesses.
You were condemned,
and as an innocent Lamb led to slaughter,
bearing your own cross,
pierced through with nails,
gall and vinegar were given you to drink,
and you were left on the cross
to die the most shameful of deaths,
wounded with a spear.
By these your most sacred pains
you deliver us from all sins and penalties.
By your holy Cross
bring us, miserable sinners,
to that place you brought the repentant thief to yourself;
for you live and with the Father and the Holy Spirit,
one God, now and forever. [111]

Sarum Missal: Passion, also in Missal of Innocent III, in *Ancient Collects*, p. 45.3 NAC #141

O Lord,
God from God, Light from light,
at your Father's command
you redeemed the human race
with your own blood on the cross.
Do not deal with us according to our sins,
but according to your tender mercy
save us, your unworthy servants.
Arise and help us,
and be a strong tower for us,
and an invincible shield of righteousness,
from the face of every enemy,
bodily and spiritual.
Mercifully deliver us
from all sin and punishment,
and in your kindness,
defend us from all adversity of body and soul.
You live and reign
with the Father and the Holy Spirit,
one God, now and forever. [112]

Sarum Missal: Passion, Postcommunion

We adore you, O Christ,
and we bless you,
because by your holy cross
you have redeemed the world.
O Savior of the world,
who redeemed us
by your cross and precious blood,
save us and help us,
we humbly pray, O Lord. [113]

Sarum Breviary: Antiphons for Good Friday

O Lord,
keep in perpetual peace
those you redeemed
by the wood of the Holy Cross,
O Savior of the world;
you live and reign
with the Father and the Holy Spirit,
one God, now and forever. [114]

Sarum Breviary: Monday Lauds



Easter

O God,
you made this holy night
shine with the glory
of our Lord's resurrection.
Stir up in your church
the spirit of adoption,
that renewed in body and mind,
we may serve you
with pure hearts;
through Jesus Christ our Lord. [115]

Sarum Missal: Easter Vigil

O God,
you sent your Son
to suffer death on the cross for us
to drive out the power of the enemy from us,
grant that we may always live in the joy of his resurrection;
through Jesus Christ our Lord. [116]

Sarum Missal: Easter

O God,
for our redemption
you gave your only Son
to suffer death on the cross.
By his glorious resurrection
you delivered us from the power of our enemy.
Grant that we may die to sin daily,
that we may always live with him
in the joy of his resurrection;
through the same Jesus Christ our Lord. [117]

Sarum Missal: Easter, as expanded by Cranmer, 1549



Ascension

Almighty God and heavenly Father,
in your infinite love and goodness towards us,
you have given to us your only and most dearly beloved Son, Jesus Christ,
to be our Redeemer and the Author of eternal life.
After he completed our redemption by his death
and ascended into heaven,
he sent his apostles, prophets,
evangelists, teachers,
and pastors abroad into the world.
By their work and ministry
he gathered together a great flock from all parts of the world,
for the eternal praise of your holy name.
For these great benefits of your eternal goodness
we give our most humble thanks.
We praise and worship you,
and we humbly pray,
by your blessed Son,
grant to all your people everywhere
who call on your holy name,
that we may continue to show ourselves thankful to you
for these and all your other benefits,
and that we may daily increase
and go forward in the knowledge and faith of you
and your Son by the Holy Spirit,
so that your holy name may be forever glorified,
and your blessed Kingdom enlarged;
through your Son Jesus Christ our Lord,
who lives and reigns with you in the unity of the Holy Spirit,
now and forever. [118]

Sarum Rite, in *Prayers of the Middle Ages*, ed. Potts

O King of glory, Lord of might,
on this day you ascended in triumph above all the heavens.
Do not leave us in sadness,
but send us the Holy Spirit of truth,
promised by the Father. [119]

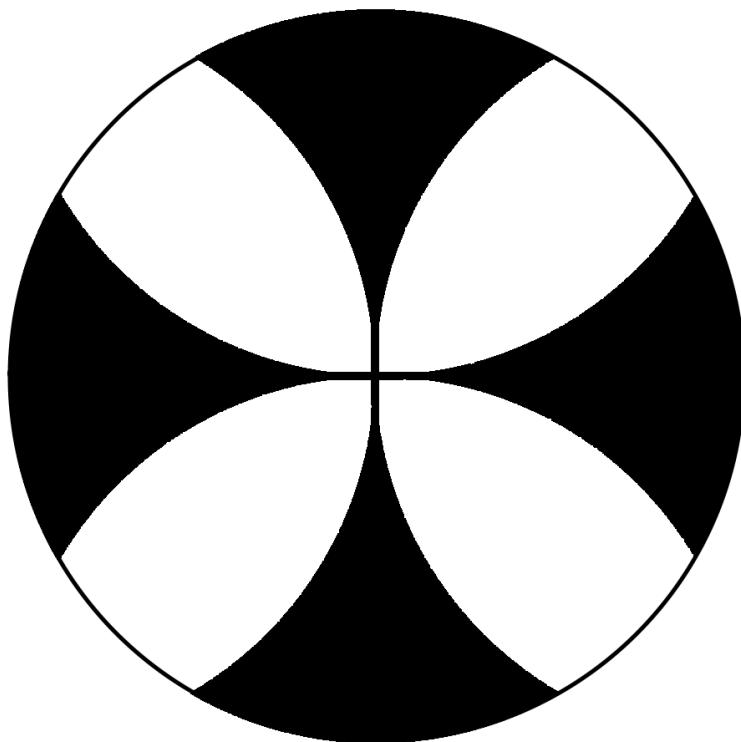
Sarum, also attributed to the Venerable Bede, 672-735

Pentecost

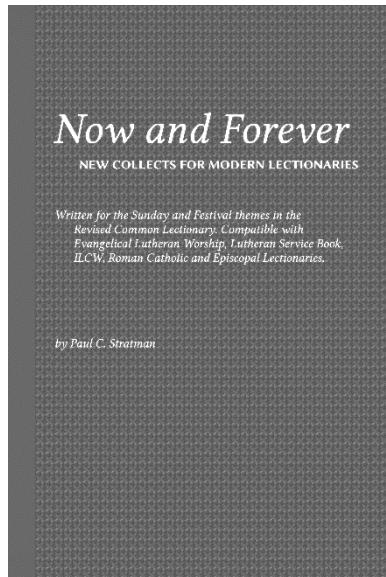
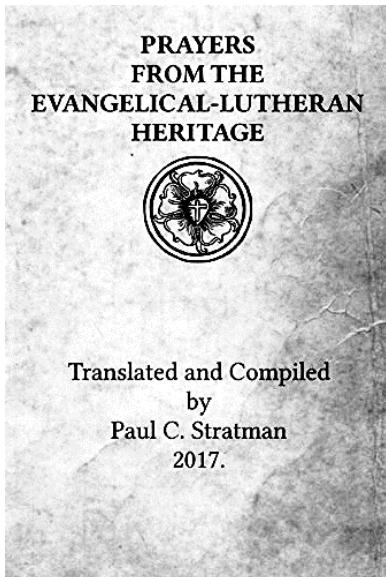
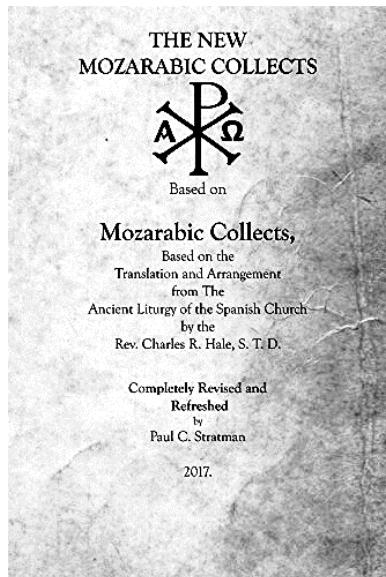
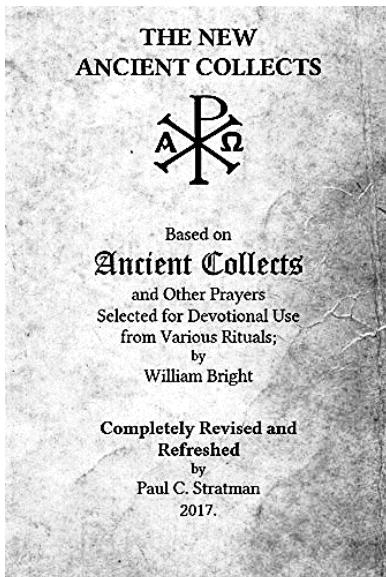
Almighty God,
on this day
you kindled the hearts of your faithful people
with the light of your Holy Spirit.
By that same Spirit

**Tu autem, Domine, miserere nobis.
Deo gratias.**

**But you, O Lord, have mercy on us.
Thanks be to God.**



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